

PRIMARY INSTRUCTION

2

THE VIOLET FLAME



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PRIMARY INSTRUCTION

Lesson No. 2

THE VIOLET FLAME

THE BRIDGE TO FREEDOM, INC.
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PRIMARY INSTRUCTION

Lesson No. 2

THE VIOLET TRANSMUTING FLAME

1. EXPLANATION OF THE HOLY TRINITY

The First Commandment says: "THOU SHALT HAVE NO OTHER GODS BEFORE ME!" Therefore, we call your attention first to your own Great Individualized God Presence "I AM", which stands above you and enfolds you, and which is represented in the picture of the Holy Trinity in Lesson 1.

This Great Glorious God Being is the One sent forth by God in the beginning. This Electronic Presence is as blazing as the noonday Sun and contains all the Powers of Almighty God, being truly Heir to all that the Father has. This God Self sends a stream of electronic essence into the physical form through the "silver cord" which comes into the body through the top of the head, and anchors a Miniature of Itself in your heart. This is your LIFE and is what beats the heart, breathes the lungs, enables you to think, to raise your hand, walk down the street and perform all the activities of Life. This Miniature of God in each heart makes every man, woman and child a God or Goddess in embryo.

Therefore, within each individual is the same power that enabled Jesus to perform the many manifestations of perfection. The object of every true religion down through the ages has been to assist the seeking soul to FIND THIS GOD WITHIN and loose the God Powers locked there; to allow The Flame within the Heart to expand until Its Light and Perfection fills your being and you are able to "graduate" into a higher sphere of service in the Victory of the Ascension and fulfill Jesus words, "The things that I do, ye shall do"!

The Name of this Individualized God Presence is "I AM" - as God gave it to Moses. The words "I AM" are the great creative words of Life. They draw into

manifestation whatever follows Them, whether it is something constructive or imperfect. Jesus used these words in all His important statements: "I AM" THE OPEN DOOR WHICH NO MAN CAN SHUT"; "I AM" THE WAY, THE LIGHT AND THE TRUTH"; "I AM" THE RESURRECTION AND THE LIFE", which was His most powerful statement and the one that enabled Him to leave the record of His Resurrection and Ascension.

If it is difficult to accept that you actually have this Glorious "I AM" Presence enfolding you, think quietly upon it when you are alone. It is the Secret of the Ages which all the Sages have known. Earnestly ask your own God Self "I AM" to enable you to know and accept the Truth when it is presented to you.

This crude illustration may help to clarify it for you: If you had a huge tank of water with billions of faucets around it, when you turned on all the faucets, you would see billions of streams of water coming forth, all seemingly separate and yet all coming from the one big central tank! If you will think of the tank as ALMIGHTY GOD, and each stream of water a stream of LIFE seemingly separate, yet all coming from the One God - it may assist you to understand.

Man constantly looks outside of himself for advice, love, supply, healing - when right within himself he has latent the power to do and accomplish whatsoever he desires. The story of the "Bluebird" illustrates this:

You may remember the two children portrayed were dissatisfied with things as they were in their own humble home and determined to look OUTSIDE for the Bluebird of Happiness! They searched everywhere for it; they looked in the past, they looked in the future, they looked in luxury and failing to find it in any of those places, thoroughly discouraged they returned to their small home - AND THERE WITHIN THEIR OWN KITCHEN - was the Bluebird they had searched for so long! When man stops looking outside of himself and

starts looking within his own heart, he, too, will find not only the Bluebird of Happiness but all he has craved, for so long!

The Ascended Masters through The Bridge to Freedom are turning mankind again and again back to this God Power - "I AM" - within their hearts, turning to It for advice, for love, for illumination, for healing - or whatever it may be; "SEEK YE FIRST, THE KINGDOM OF GOD, and THEN ALL THINGS ARE ADDED!"

The Ascended Master Jesus has said:

"When I repeatedly referred to 'The Father within' as the Power that accomplished all the seemingly miraculous manifestations during My ministry, I meant to point man to the way by which he, too, might partake of the natural God Powers and Qualities that are within his own life. Every individual must, sooner or later, make a contact with the God Presence that is his own heartbeat. To every man this mystic experience is requisite before he can become a Representative of the Father through his own nature to his fellowman. To find God within another is a cause for rejoicing in the unfoldment of that one's own God Flame; but to find God WITHIN ONE'S SELF is the purpose for embodiment and the only way Home again into the natural estate of blessedness, peace and power which such God-awareness brings."

You might ask now, why are these imperfections in your world if you are actually part of God with the "I AM" Presence enfolding you and beating your heart? Because of God's Gift to you of Free Will! You have the power to create even as He, and you are given freedom to CHOOSE what you wish to create - what qualities you desire to place upon your life which comes to you pure and perfect. When it reaches you, you become the "custodian" of that God Life, which means some time you must give an accounting for

your use of it! All the Life you have qualified by your thoughts and feelings with constructive qualities is deposited in the Circle of Colors known as the Causal Body. All the life energy on which you placed something less than perfection, is around the physical form and is the pressure of discord which you feel. The VIOLET FIRE is the Divine Tool provided by which this human creation (or sins) can be dissolved and transmuted back into perfection in the painless way, and it is especially about this VIOLET FIRE that we wish to talk in this lesson.

3. THE LAW OF THE CIRCLE

The LAW OF THE CIRCLE is one of God's great Laws, sometimes called the Law of Cause and Effect - or WHAT YOU SOW, YOU REAP! What you place on your thoughts, feelings, words and deeds goes through your own being and world first and out to the person, place, condition and thing where you direct it, but since you are home to that Life and energy, when it has reached its destination, it begins its return journey "home", gathering more of the particular quality or vibration with which it was originally charged. Therefore, you receive back into your world that which you sent forth, amplified whether it was constructive or destructive.

If you criticise, you will be criticised; if you hurt someone, you will be hurt; if you are unkind and unjust, harshness and injustice come back to you. These causes set up, must be balanced and adjusted before you can be free from their effects. When you plant corn, you reap corn; if you plant discord, you reap discord; when you plant flowers, you get flowers; and when you plant love, kindness and constructive causes, you reap the same! How can intelligent people believe they can continue to send forth or "plant" criticism, irritation, unkindness, impurity and all the other destructive qualities, and yet be able to reap good health, love, supply, happiness and all the good things of life! The whole world has sent forth

hate, greed, selfishness, cruelty - and the whole world is now reaping the harvest in chaos, confusions and distress of every kind.

When your life injures some other part of life (through thought, feeling, word or deed) a cause or debt of energy is set up, which some time, some where must be met and paid! Many times the individual you wronged (or the one who wronged you) passes out of the body before the debt is balanced, and it therefore becomes necessary that a future opportunity be provided whereby the individuals involved can meet again, through seemingly perfectly natural circumstances - and once again the individuals have an opportunity to HARMONIZE and balance that debt by a service given to assist the one who was injured. These adjustments can only be made through future EMBODIMENTS, Life bringing them together again and again until they learn to work together harmoniously.

3. REEMBODIMENT

Reembodiment is a Truth and the only logical explanation for many apparent injustices you see. When you observe fine constructive people going through very difficult situations, while others we call "evil" seem to be enjoying all the good things of life, you may be sure there is no mistake but each one is meeting up with the effect of previous causes which each one had set up somewhere in the past and of which they have no memory. The way they react to the present set of circumstances will determine what they will experience in the future. If they are able to balance this debt by desiring within themselves to render a service to the other individual and thus dissolve the hard feeling, they are free from this debt; but if they are unable to do that, Life will bring them together again in closer and closer association until it is accomplished.

Most people are brought together for the sole purpose of balancing these forgotten "debts" of the past.

Where there is an attraction of love and harmony between individuals, it is certain they worked in harmonious association before, and thus are able to expand that much needed quality into the world. Whenever there is a feeling of resistance, or of "being on guard" when you meet an individual, the feelings remember past associations of a discordant and unpleasant nature.

God is a God of Love - A GOOD GOD - and would never send forth His Children, with half of them having love, beauty, joy, supply and everything good, and the other half with disease, and the sordid things of life. Even good human parents do not discriminate between their children, and certainly God would not.

As an example: Take two young men, one born in a cultured family of loving parents and he becomes an upstanding citizen in his community; the other boy is born in the slums, is sickly and perhaps taught crime at an early age, and he ends up in prison. This would seem an injustice, but each one is reaping the result of the use of his life from many past embodiments. The constructive young man CHOSE to follow the God-promptings he had lifetime after lifetime, living up to the best he knew how, and thus built little by little the good karma he now enjoys. The other young man did just the opposite; he, too, received promptings because GOD BEATS EVERY HUMAN HEART but he CHOSE through his own free will, to over-ride those promptings and did the thing he knew was wrong and thus little by little the karma accumulated which he is now experiencing - and the way he reacts to his present distressing situation will determine whether the debt is paid or he accumulates more. Remember, only GOOD comes from God; ALL DISTRESS is of man's own making, for it is NOT God's Will for any of His Children to suffer but it is the result of their own misuse of their Life-energy loaned to them by God.

This accumulation of distress in each one's world

has gone on for millions of years and without some means of mitigating the destructive causes set up, the reaping is excruciating indeed, and fortunate are all who find and use the DIVINE TOOL which is now provided.

It is comforting to know the truth, that the "forgiveness of God" for misuse of His energy is ALWAYS AVAILABLE to those who really want it! The "eternal damnation" which was brought forth to control the people through fear, superstition and blind obedience IS NOT TRUTH! Whatever the sin or past mistake; whatever causes of impurity and imperfection that have been set up, THERE IS A CONSCIOUS WAY TO TRANSMUTE THOSE ERRORS and be free from them through the daily use of the Violet Fire of Love and Transmutation.

When man finally realizes that he, himself, is the CAUSE of all distress and limitation in his world, and earnestly and sincerely desires to MAKE THINGS RIGHT, every assistance is given to him. Until this point is reached, he is usually either rebellious against God and circumstances, or submissive to the conditions, feeling they are the Will of God, which, of course, they are not!

4. THE VIOLET FIRE

The Violet Fire is a current of energy which has been qualified to seize imperfect energy and dissolve it so it may be charged with perfection once again. It is an activity of love, mercy and compassion which can dissolve the causes set up by mankind whose effects would be most distressing. Unless mankind can come into this understanding and consciously USE this Violet Fire, he will have to meet up with the previous causes that bring such suffering into the world. That is what is happening all over the world today.

Until a short time ago the knowledge of this Sacred Fire was known and taught only in the Retreats of the Ascended Masters throughout the world, but because of the shortness of time in which certain things

must be accomplished, it has been brought into the outer world where ANYONE can know of it, use it and experience the Freedom which It brings.

The year 1954 was the beginning of the ERA OF FREEDOM for the Earth! It is a special time in the history of the planet when Freedom is to take Its eternal dominion here. That means the energy enfolding mankind and in the atmosphere, which has been charged with impurity, discord and viciousness, will be TRANSMUTED by this VIOLET FIRE and when that is done, man will be FREE to again receive directions from his God Presence and the Ascended Host of Light and thus every part of life will have its Freedom; not only man, but the Elemental Kingdom, the four-footed creatures and all that lives will once again live as God intended in the beginning, in Love, Peace, Harmony and Freedom.

The Great Ascended Master Saint Germain is the Great Being in charge of the coming 2000 years and this ERA OF FREEDOM. His gigantic mission is to SET FREE every part of life and the very earth itself, and this will be accomplished by the use of this Violet Fire by individuals and groups, who desire to dissolve the human creation which is trying to smother the Light in so many of mankind.

When you call to your God Presence "I AM" and to the Ascended Master Saint Germain to blaze this Violet Fire through you, it will begin the removal of the mis-creations in your emotional, mental, etheric and physical bodies, and you will experience a lightness and buoyancy in your feelings, a clearness in your mind and a change in your physical body. Some students see this Violet Fire as they call it into action in their worlds, other feel it, but whether you do or not, It is doing its perfect work. It may seem to be invisible, yet you do not see any of the important things of life. You do not actually see your life, electricity, love, hate, war, peace and yet they are very real and you certainly can see their effects. Its daily dynamic use can prevent many things

happening in your world, and perhaps it should be pointed out - that if you do use this Violet Fire earnestly and then some little thing does happen, it does not mean the Violet Fire is not doing its perfect work; it means YOUR HUMAN CREATION is coming forth faster than you have been dissolving it!

One individual said that it is much like "a moving stairway", the stairway bringing energy of the past into your world to ACT. Your business is to use the Violet Fire enough to KEEP DISSOLVED this energy BEFORE it can act; if it acts, it is as though a certain amount of your human creation has exploded and you are free from certain human qualities; continue right on with even greater determination to dissolve everything that comes to the surface as quickly as possible.

5. In the case of a group a record may be played here while the students visualize the Violet Fire.

6. THE LAW OF FORGIVENESS

While the use of the Violet Fire dissolves and transmutes imperfect energy, when it is accompanied with the actual feeling of Forgiveness for your own mistakes and those of others, it works like magic! When you call on the Law of Forgiveness for all the mistakes you have ever made, and THAT OF ALL MANKIND, it gives tremendous assistance not only to mankind but to yourself.

The "I AM" Presence of every individual, even the most depraved, desires perfection for that individual and when you call to the "I AM" Presence of all mankind and ask the Violet Fire to blaze through them and FORGIVE their mistakes, it enables that "I AM" Presence to go into action when perhaps it has been many centuries since It had been called upon and thus given permission to assist that lifestream.

When the Ascended Masters look at us, They do not see us as we see each other; They see what we have

been feeling by the colors around us, and what we have been thinking by the forms around us; They see neither light or shadow, and are not concerned whether the shadows come from what we might consider a greater mistake than our own; and yet our criticisms, resentments, depressions, irritations may be worse than what is around many of our fellowmen. The shadows need to be changed into Light, and the dull colors into the brilliant colors of perfection.

Say many times a day:

"I AM" THE LAW OF FORGIVENESS AND TRANS-
MUTING FLAME OF EVERY MISTAKE I HAVE
EVER MADE;

"I AM" THE LAW OF FORGIVENESS AND TRANS-
MUTING FLAME OF THE MISTAKES OF ALL
MANKIND.

Remember, you may have harmed not only people in the past, but also birds, animals and other forms of LIFE; and also mis-used the Beings of the elements of Earth, Water, Air and Fire - all of which have intelligence and are endeavoring to evolve into ever greater perfection even as you and I.

The Era of Freedom is at hand! Seize opportunity while you may! Make an earnest effort to undo all the mistakes you have ever made in thought, feeling, word and deed against every part of life, so that at times of crises you may have protection in your world. Do your best from now on to set up only those causes which bring Perfection as their effect. Every bit of life ever entrusted to you (which is tones of energy) must some time be purified and harmonized and returned to God qualified with Perfection, as it was when it first came to you.

Strange things are taking place all over the earth and it is these imperfect, discordant and vicious mis-creations, created by MAN and NOT BY GOD, that are acting and trying to act everywhere.

The use of the Violet Fire of Freedom's Love and calling on the Law of Forgiveness are the most efficacious ways of preventing them acting in your world. When enough of mankind make use of these activities, they can prevent distressing things happening all over the Earth.

7. HARMONY

Harmony is the fundamental Law of Life on which all else rests. When it is broken, man pays a penalty of distress of some kind. Without sustained Harmony in your thoughts and feelings, the pure life-energy from God is unable to bring you Its blessings. We are told the religion of the future will be so simple there will be no need to study it, for it will be THE LAW OF HARMONY! When mankind understands that disobedience to this simple Law has brought about all their distress, they will be more interested in making the effort to hold self-control and consciously place only perfection on the precious gift of their Life!

Mankind say: "I want Peace, I want Freedom, I want Love, Happiness, etc.," - but how can it manifest for them, let alone on the Earth until they can say, "I give Peace, I give Freedom, I give Love, Happiness to all everywhere!" Remember, hard feelings, and feelings of hatred, prejudice, intolerance, jealousy and actual viciousness toward some other part of life - must first pass through the brain, body, feelings and affairs - of the one generating such feelings. War is simply an aggregation of many small wars between husband and wife, brother and sister, parents and children, friends and neighbors, communities and countries! It is not a bigger atom bomb that man and nations need for protection - but the pouring forth of enough kindly feelings of good will and impersonal Divine Love to each other, and to look to the GOD PRESENCE "I AM" and the Ascended Host of Light for guidance, protection and PEACE - and feel and say - "LET IT BEGIN WITH ME!"

8. THE SEVEN BODIES

Each individual is equipped with Seven Bodies; (1) The Electronic Body, (2) The Casual Body, (3) The Holy Christ Flame within the Heart. These are the Three Higher Bodies and are already perfect. It is the four lower bodies whose energy must be transmuted and redeemed; (4) The Emotional Body - the feelings; (5) The Mental Body - the brain; (6) The Etheric Body - the seat of memory; (7) The Physical Body.

The Emotional Body was created for the purpose of radiating through the feelings the various Virtues of God for the blessing of all life. All the imperfect, unkind mean feelings you have ever had are within this body. It is necessary that all of this energy be transmuted back into perfection, replacing all those human qualities with the God Qualities of Divine Love, Peace, Harmony, Happiness and all other constructive attributes. The Violet Fire will do this.

The Mental Body was created to hold the pattern of the perfection of whatever you desire to manifest. The Mental Body creates the form of what you desire, holding it until the feelings energize it so it can express in your world. Mankind has used this process in reverse, by holding in the mind the pictures of imperfections they see, hear or talk about, which are energized by the feelings and propelled into manifestation. The Violet Fire will transmute this!

The Etheric Body is the seat of memory and has stored within it everything that has ever happened in the lifestream, both good and evil. When you live over and over the distressing things of the past, you energize them to again act in your world. The Violet Fire will transmute and dissolve all these imperfect records.

Then the physical Body has had imposed and stamped upon it, all the imperfections of the other three !

The Violet Fire blazed through every organ, cell and function will change this!

The fact that you have seven bodies should be no more strange than the fact that your automobile has more than one part, for you are a very complicated piece of machinery and the physical body alone, is a marvelous piece of engineering.

In your car you have a carburetor, fuel pump, spark plugs, electric system, cooling system, etc., which all must work together to have your car run smoothly; and it is necessary for all these bodies to be in alignment and mesh together perfectly to function properly. Just as an expert mechanic can tell you what to do to make your car run better, so do the Ascended Masters tell us what we must do to our various bodies to have them "run" perfectly.

With every thought, feeling, word and act you are creating either your karma of distress, or a Crown of Light, for you are thinking and feeling something every moment, waking and sleeping. HOW are you using each one of your bodies? WHAT are YOU creating? The Violet Fire is the merciful Divine Tool which can change everything in your world when you use it enough! It will not use Itself! Until all distress and limitation of every kind is removed from you and your world, do not let up in your dynamic, enthusiastic application of this Sacred Fire that will eventually set you Free!

* * * * *

9. SONG - FORGIVE ME (sing or give as a decree)

Forgive me, Oh my Presence,
Forgive me, I do pray;
Forgive all my transgressions
Against Love's sweet way;
Oh, help me to love enough
To wipe out all mistakes of mine,
I love You! I love You!
Oh, help me be Divine!

Forgive THEM, Oh Great Presence,
Forgive MANKIND we pray,
Forgive all their transgressions
Against Love's sweet way;
Oh, help them love enough,
To wipe out all that ne'er should be,
Oh, Love them! Oh, love them!
Until they're ONE with THEE!

* * * * *

10. DECREES

BELOVED PRESENCE OF GOD "I AM" IN ME and Beloved
Ascended Master Saint Germain, I love You! Come
forth with Your Angels of the Violet Fire of
Freedom, Transmutation, Mercy and Love and help
Me;

BLAZE Your Violet Fire through my feelings! Take
out all feelings of doubt, fear, jealousy, lack
and limitation, impurity, inharmony, dislike and
hatred of every kind - their cause and core -
and REPLACE them by Your feeling of Divine Love,
Purity, Harmony, Freedom and Perfection;

BLAZE Your Violet Fire through my brain and men-
tal world! Dissolve and transmute all pictures
of imperfection of every kind there, their cause
and core, into thoughts and pictures of beauty
and perfection;

BLAZE Your Violet Fire through my Etheric Body and take out the remembrance of every hurt, and all imperfect, discordant and vicious experiences I have ever had, their cause and core, and REPLACE them with the remembrance of good, peace, happiness and perfection;

BLAZE Your Violet Fire through every organ, cell, function and part of my physical body and hold it there until all appearances of age, distress and imperfections of every kind are dissolved and transmuted into my eternal youth and beauty, perfect health, limitless strength and energy, and the Victory of my Divine Plan fulfilled. I thank You!

11. APPLICATION

Daily go where you can be alone and get real still. Then turn your attention to the "I AM" within you! Pour your love and adoration to It and silently call to It to EXPAND Its Light and Love and fill your body, mind, feelings and world with Its Perfection. Let your love and feeling of goodwill go forth to all the life in your locality.

Then send your love to the Ascended Master Saint Germain and feel Him stand in back of you enfolding you in a pillar of Violet Fire. See this as the clearest and most beautiful shade of Violet, and feel it blaze up through your physical body, taking away any physical distress; see It expand and fill the room, your city and locality.

Be conscious of this blessed Violet Fire surging through your etheric body; your mental world; your feelings, melting away all "hard" feelings, tensions and lack of ease. Feel them all replaced by the Goodness and Mercy of God into Love, Kindness, Mercy, Peace.

This Violet Fire is REAL and It does bring results when earnestly and faithfully used each day, especially

when used rhythmically three times each day. Accept this Violet Fire dear students, use It and be Free!

* * * * *

12. In case of a group, a record may be played here while the students absorb the radiation.

13. BENEDICTION

SEALED in Saint Germain's Pillar of Violet Fire, Beloved Presence of God "I AM" in us and all mankind, Great Host of Ascended Masters and Cosmic Beings, the Angelic Host and Elemental Kingdom, Who have served us this day - we thank You for Your outpouring of Light and Love; we thank You for Healing, Supply, Wisdom, Protection and Perfection and Your Blessings of every kind. Hold them sustained in, through and around us and pour them through us for the blessing and raising of all life on Earth.

May the Benediction and Blessings of the Most High Living God, and that Peace which does surpass the understanding of the human mind, be with you each one. May the God of Mercy protect and guide you on your Spiritual Path toward Enlightenment and Freedom.

* * * * *

OUTLINE FOR GROUP LEADERS TO USE

1. The Three Candles should be lighted BEFORE the students arrive, using the Pattern in the Basic Manual. Soft music should be played for fifteen minutes at least before the class and the students remain quiet.
2. LEADER greets the students and then gives a short Visualization and the following Invocation:

DEARLY BELOVED PRESENCE OF GOD "I AM", the Source of all that is, everywhere present, anchored within each one of our hearts and that of all mankind, we love and adore You! We acknowledge You to be the owner and giver of our Life, Our Intelligence, our Substance - OUR ALL! Seal us in Your Light and Love and Power of Victorious Accomplishment! Blaze Your Light and Love before us and prepare the way that we may always walk in the Path of Light. Guard and protect us; guide and direct us; and give us the Illumination of the Truth that will set us free! Let us manifest and BE Your Divine Love in action at all times, and pour it through us to bless all life we contact. We thank You!

DEARLY BELOVED ASCENDED HOST OF LIGHT, the Messengers of God - the Ascended Masters, Cosmic Beings, Seraphim, Cherubim and Angelic Host; the Elemental Kingdom and the Great White Brotherhood - we send our love to You! COME, and be with us at this class and do for each one that which You see they need most to make them happy, more comfortable and of greater Service to the Light. We thank You!

3. Play a record where indicated and let group stand for numbers 9 and 10; be seated for # 11 and relax while the record is played for # 12 before the Benediction.

* * * * *

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